

i9 water challenge

My name: _____



DAY

1



TOTAL # OF GLASSES /
19 BOTTLES

☆☆☆☆☆

MY NOTES



2



☆☆☆☆☆

3



☆☆☆☆☆

4



☆☆☆☆☆

5



☆☆☆☆☆

6



☆☆☆☆☆

7



☆☆☆☆☆

8



☆☆☆☆☆

9



☆☆☆☆☆

You made it!



TAKE A PHOTO OF YOUR FACE IN THE
MORNING ON DAY 1 AND DAY 10!

SHARE YOUR EXPERIENCE
#I9WATERCHALLENGE @I9LIVING